



Profile Information

****We are NOT affiliated with any of these companies. These are profile resources we have seen from other families, companies that have reached out to us, or we have found through our own research****

A profile book is how you will introduce yourself to birth mom's. Rebecca Greuenspan of RG Adoption Consultants explains it best. You can read some of her tips in the first link under Tips & Hints. She says "you are painting a story through photos, of what an expectant mother's child will look like in your life. Show her the essence of who you are, what you do, the activities you love and who the important people are in your lives."

Profile Tips:

DO –

- Put Lots of Pictures (Candid's are great!)
- Put a snippet under pictures to say where you are or what you were doing
- Funk it up – all the pictures don't have to be straight up and down; and colored- backgrounds are great! In our experience, our birth moms are more drawn to the fun colorful profiles than the neutral ones with all professional photos.
- Tell a little about you, your life, your history (how you met and fell in love), your home, your future, family traditions, holiday celebrations, etc. Show them a picture of life in your family
- Use bullet points or lists to show topics without being overbearing
- Organize the profile: Intro, how you met/wed/etc., About adoptive parent 1, About adoptive parent 2, hobbies, family time, traditions, family, friends, house/neighborhood, pets, etc.

DON'T –

- While it's sometimes unavoidable, try to avoid too many large group photo's (It's hard to see who you are in them)
- Put full pages of writing (except for your intro page), try to break it up into smaller paragraphs scattered throughout
- Put any personal information like last names, e-mails, phone numbers, street name, etc

Tips & Hints from other professionals, adoptees and adoptive parents

<https://rgadoptionconsulting.com/2018/04/19/choosing-the-right-photos-to-create-a-compelling-personal-adoption-profile/>

<https://www.amazon.com/How-Create-Successful-Adoption-Portfolio-ebook/dp/B00HDCAU44> - Book you can buy from Amazon

<https://www.ourchosenchild.com/tips-for-adoption-profiles/adoption-profile-tips-from-a-professional-designer-an-interview-with-joanna-ivey>

<https://www.ourchosenchild.com/tips-for-adoption-profiles/clever-ways-to-make-your-adoption-profile-photos-stand-out>

<https://www.roseclearfield.com/what-birth-moms-look-for-in-adoption-profiles/>

<https://www.roseclearfield.com/make-your-adoption-profile-unique/>



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Love Makes a Difference!

<https://www.roseclearfield.com/10-things-not-to-include-in-an-adoption-profile/>

Profile Creation Services

<https://arrowandroot.wixsite.com/home> - You purchase a profile template of your choice (5 options), which comes with a how-to video and an e-book, so it's a service, but also a DIY)

<https://www.ourchosenchild.com/>

<https://www.lovemakesdesigns.com/>

<https://kindredand.co/profile-books/>

<https://www.adoptionby.design/>

DIY Profile Creation Sites and Tools

****Tools are items other families have suggested****

<https://www.prestophoto.com/create/adoption-profile-books>

<http://www.focusinpix.com/adoption-profile-booklet/>

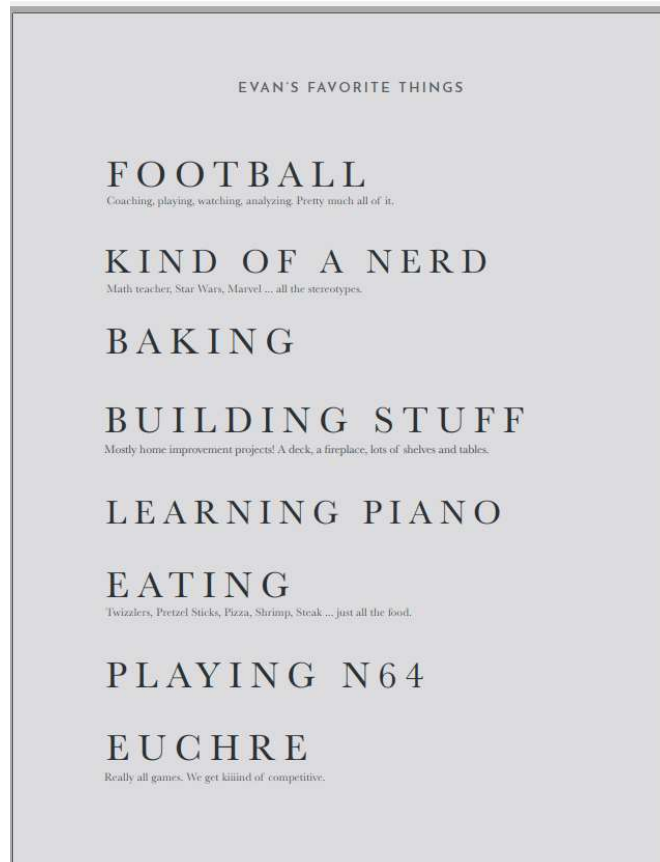
<https://www.mixbook.com/adoption-photo-books/adoption-profile-album-7437?ipid=4&ptid=24531>

<https://www.adobe.com/products/indesign/free-trial-download.html>

<https://www.blurb.com/>

Examples: These are snippets of some of our favorite features we've seen in profiles.

In lieu of a paragraph about each other this family created these, and the opposite page was 6-8 pictures of that person doing things they love.









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Bullet points are great for saying things without being a paragraph that can look like a lot to read. (Coffee photos are just cover-ups)

	<p>I am...</p> <ul style="list-style-type: none">• authentic and love helping people• an RN clinical nurse educator on the postpartum unit at a local hospital - I work part-time so I can spend time with the kids• a music person - I originally went to school for music and have a Bachelor of Music Education
 <p>Teresa</p> <p>Dedicated - Compassionate - Funny</p>	
	<p>I love...</p> <ul style="list-style-type: none">• reading, cooking and traveling• going for walks• musicals - when I was little I used to pretend my room was Broadway and I would sing and dance in there for hours!• FUN FACT: I got to march in the Macy's Thanksgiving Day Parade with my college marching band.



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Fun pictures of your pets (and colorful backgrounds)

FURRY FAMILY



Luke Skywalker: Our first baby now 10 years old. Loves to crawl around with our friends toddler and even taught him how to bark!



Harvey: Rescued cat from the brink of death but you'd never know it now weighing in at 12.5 lbs.



Brock Lee: fluffiest friendliest pup you'll ever meet, he even smiles!



Skinner: Our hairless cuddle monster who lives for laps



Shh...Luke's napping

Brock Lee P.A.,
Attorney at Paw



Skinner practicing
Ukelele



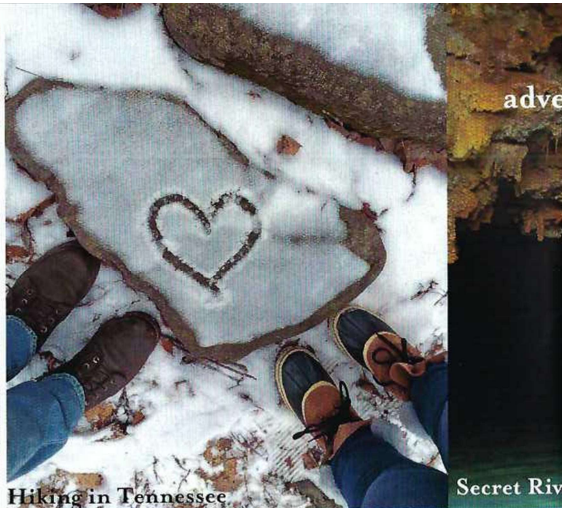
"I fits, I sits" -
Harvey



OUR LIFE TOGETHER

We love to travel:

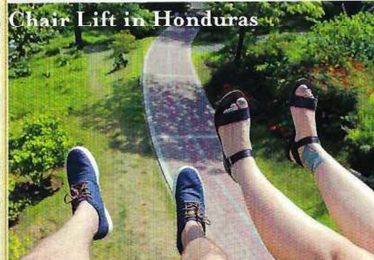
- + 26 U.S. States and counting
 - + 5 Central American countries
- Traveling allows us to do some of our favorite activities in new fun places:
- + visit zoos, aquariums and museums
 - + river activities like snorkeling with manatees, lazy river tubing, stand up paddle boarding, kayaking
 - + snow activities like sledding and snowboarding
 - + camping and hiking in the woods and mountains
 - + swimming and lounging at the beach



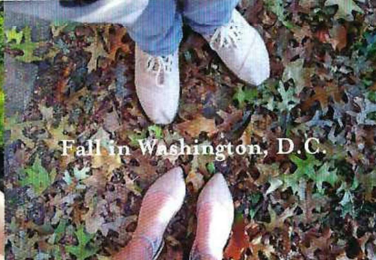
Hiking in Tennessee

adve

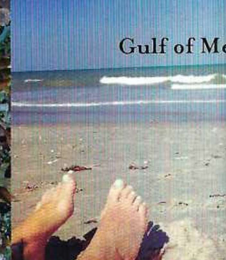
Secret River



Chair Lift in Honduras



Fall in Washington, D.C.



Gulf of Me

Green thumb club

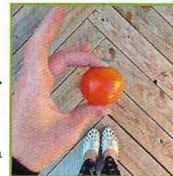
OUR HOME

Cliff built our back deck



Our home is full of love + music, puppies + a kitten, collections + memories

We have an open 4-bedroom home blocks from the beach. Our large backyard is fenced in with fruit trees and a vegetable garden. Our garage serves as Cliff's art studio. Inside is often decorated to the nines for whatever season or holiday, care of Sam.



Walking the beach

